

IPS-Symposium Stadtspital Zürich

*Komplikationen in der Herzmedizin*

# Komplikationen nach PCI

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# Koronarangiographie und PCI

## Interventionelle Kardiologie Schweiz 2020



CA

**53'088**  
coronary angiographies



TRANSRADIAL

**65%**  
transradial access



PCI

**25'933**  
percutaneous coronary interventions  
48.8% of all coronary angiographies



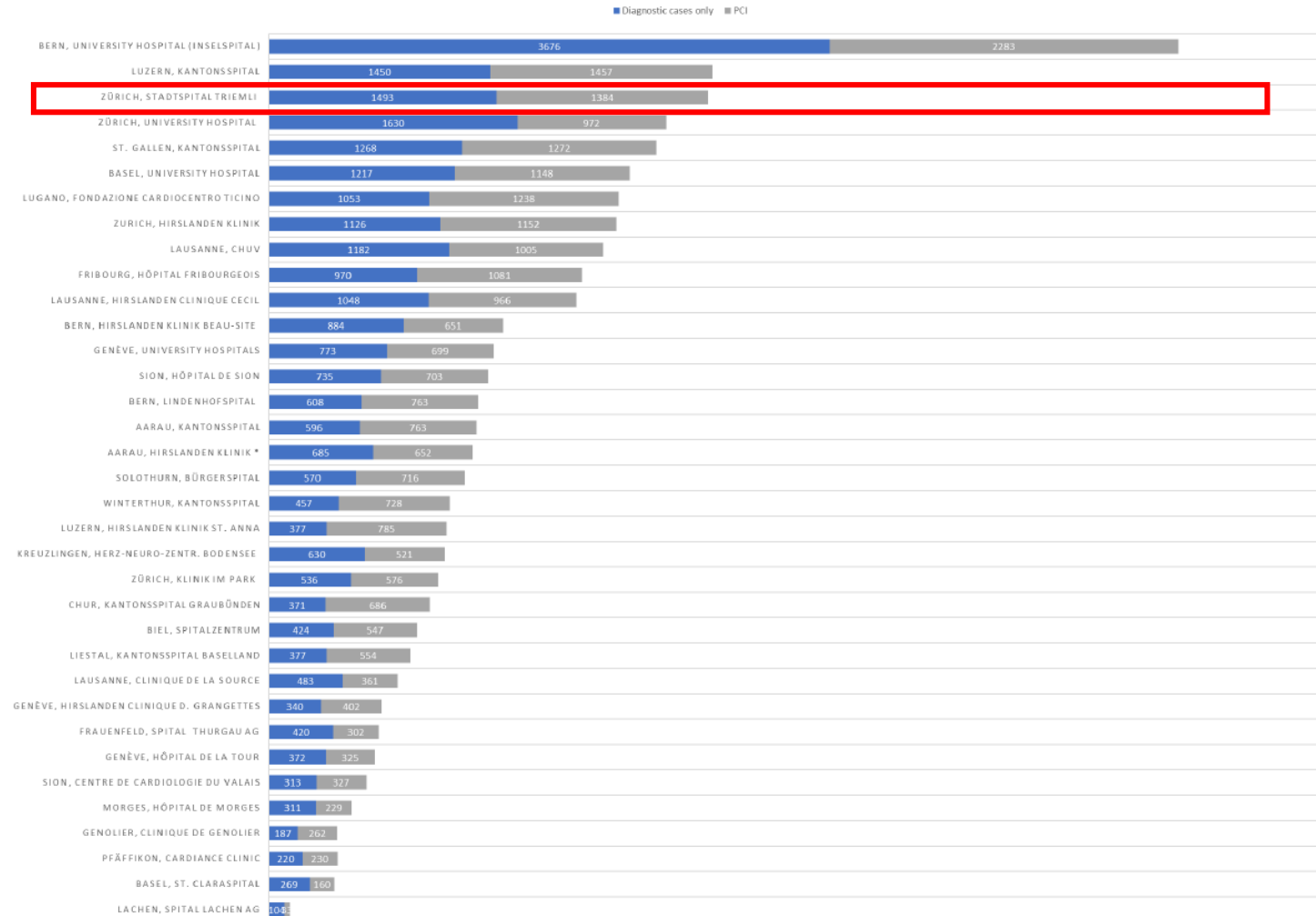
SETTING

**39%**  
Emergency PCIs



OUTCOME

**1.36%**  
overall in-hospital mortality after PCI  
0.08% elective | 1.6% in NSTEMI-ACS | 4.1% in STEMI | 42% in shock



\* no data provided; \*\* estimated numbers

## Indikationen für Koronarangiographie

### **Coronary artery disease (CAD)**

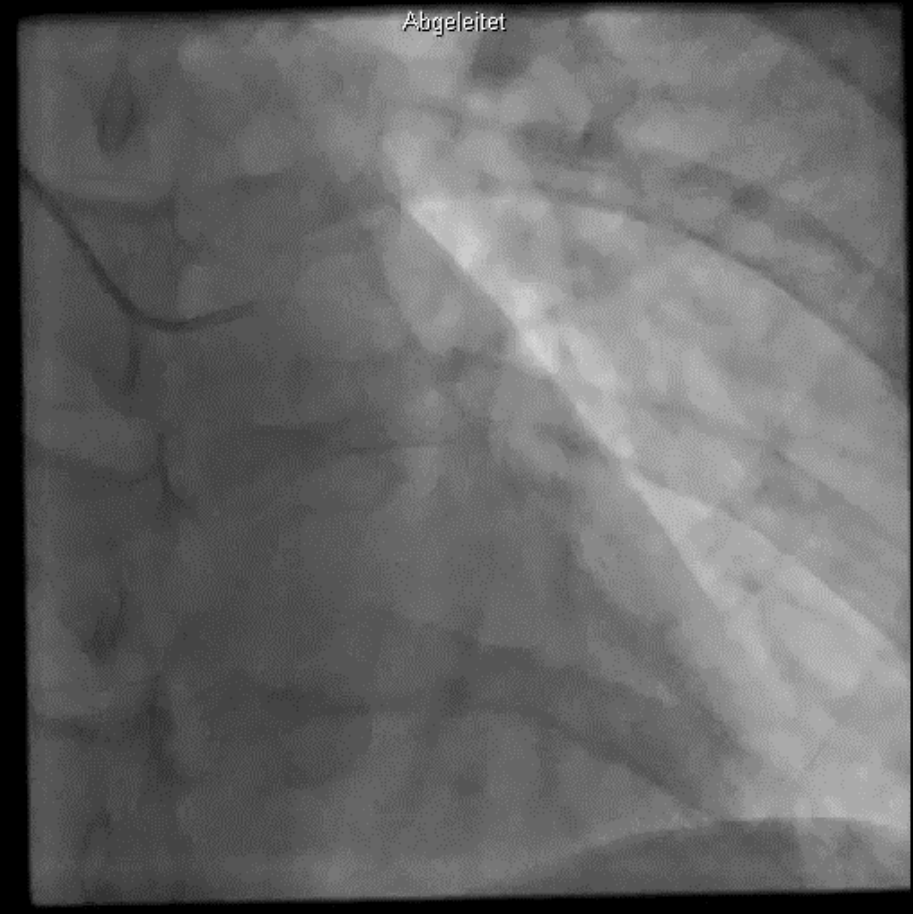
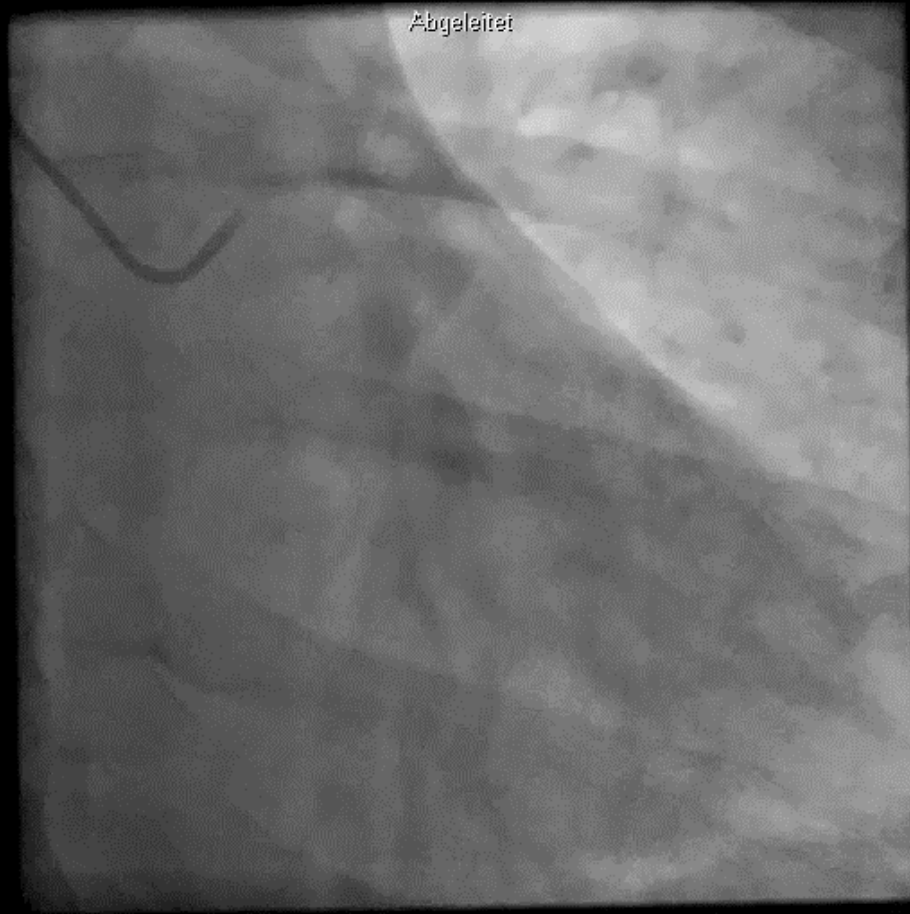
- *Stable CAD*
  - Suspected CAD
  - Known CAD
- *Unstable CAD*
  - Acute coronary syndrome with unstable hemodynamics or rhythm
  - Unstable angina and non-ST elevation myocardial infarction
  - ST elevation myocardial infarction
  - Out of hospital cardiac arrest
- *Special considerations*
  - Congestive heart failure
  - Preoperative assessment for non-cardiac surgery

### **Structural cardiac disease/valvular heart disease interventions**

- *Prior to valvular surgery*
- *Prior to percutaneous valve implant*



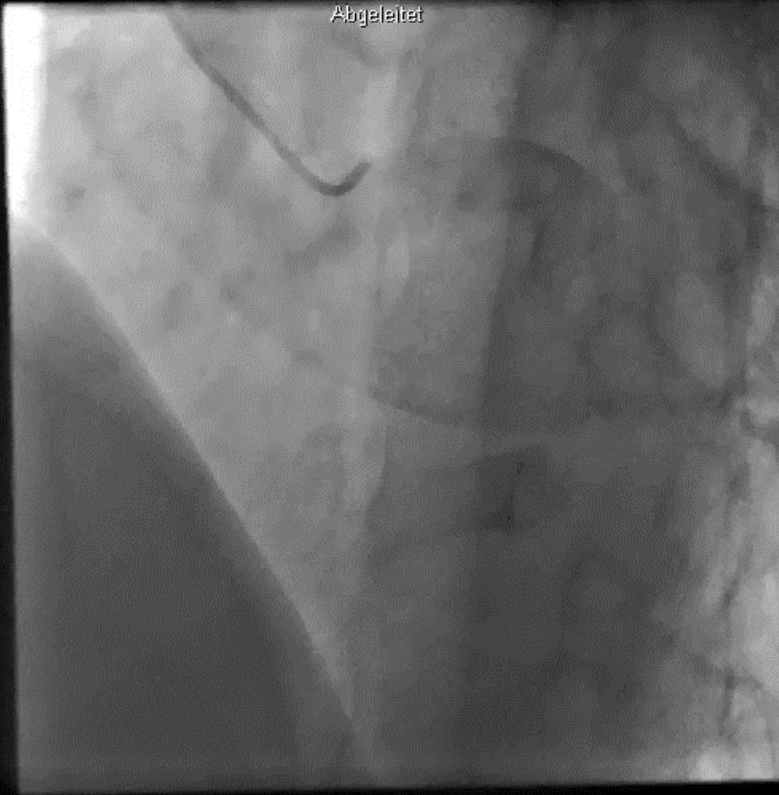
**Koronarangiographie: 47-jährige Frau**  
Unklare Thoraxschmerzen und erhöhte Herzenzyme



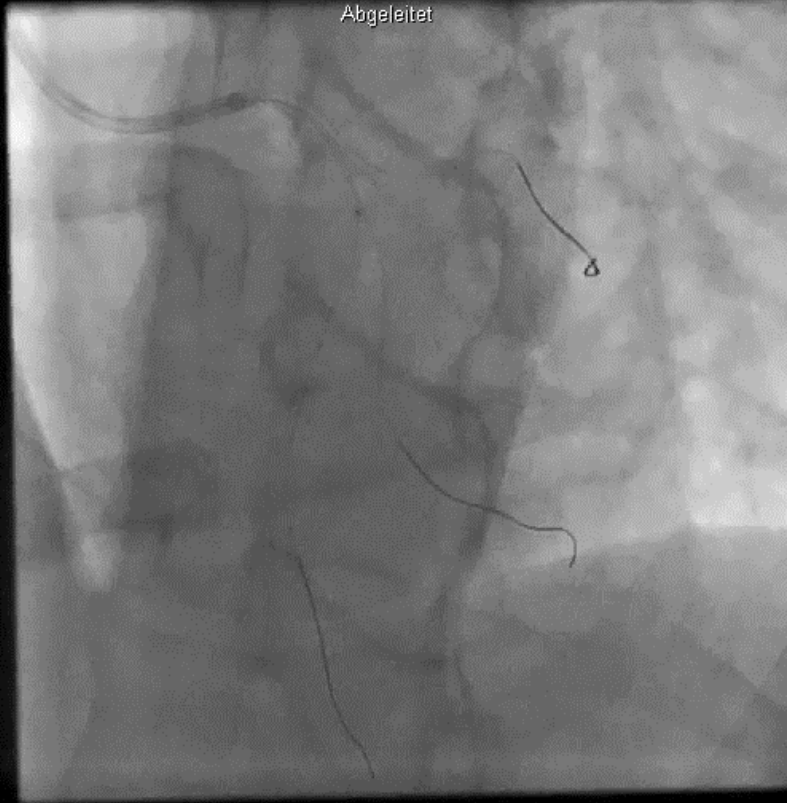
# Hauptstammdissektion

## Perkutane Koronarintervention

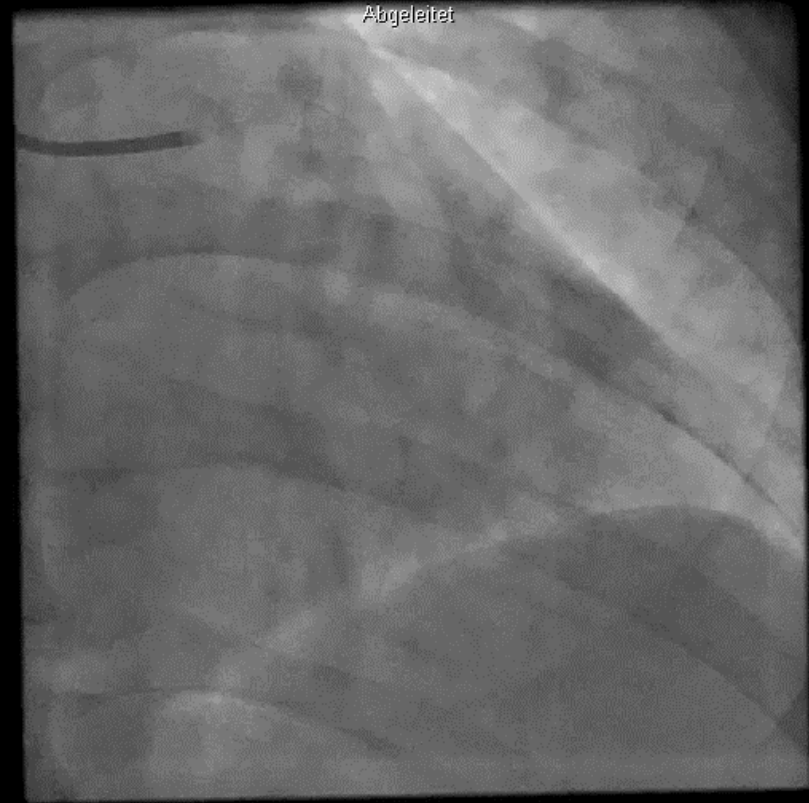
Abgeleitet



Abgeleitet

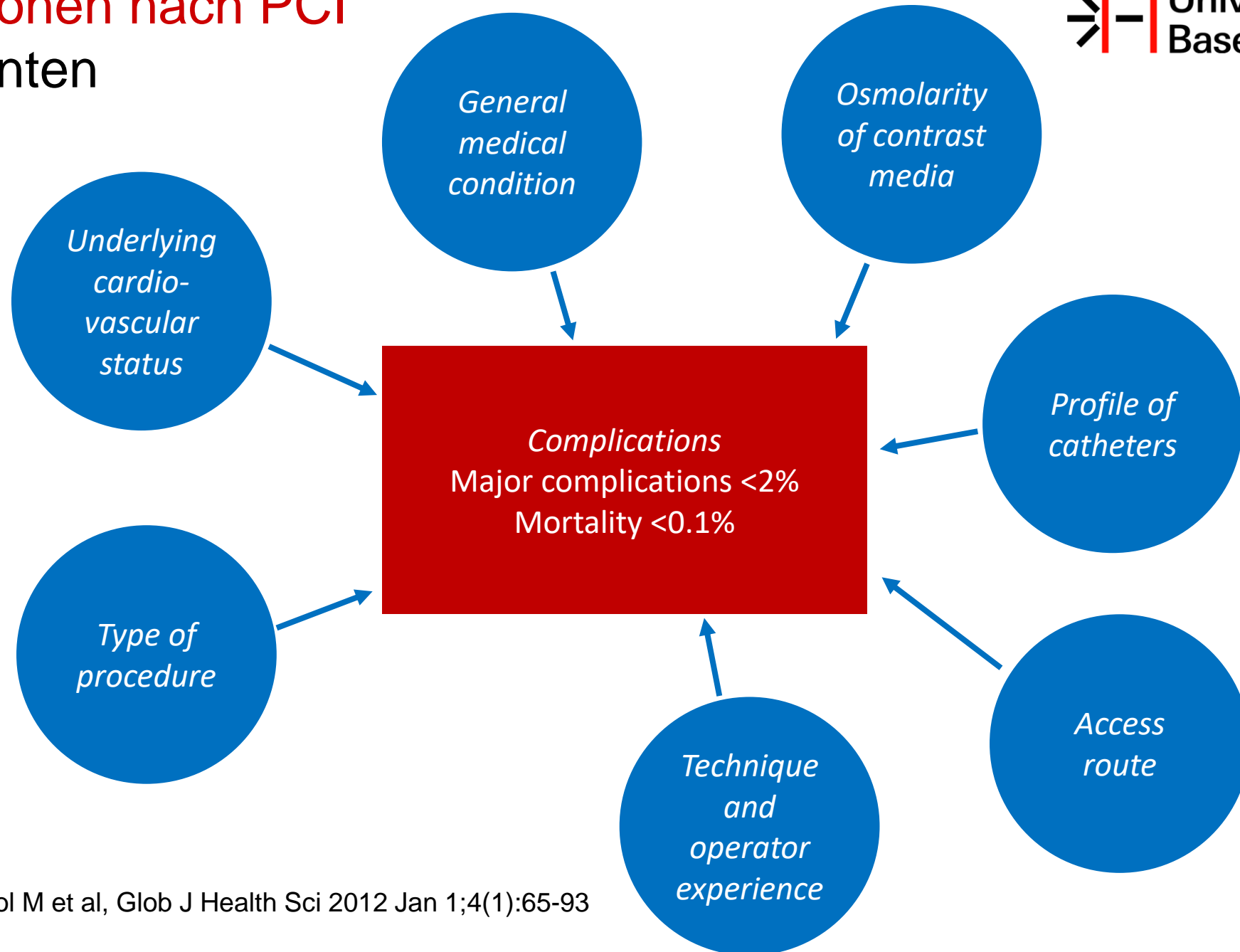


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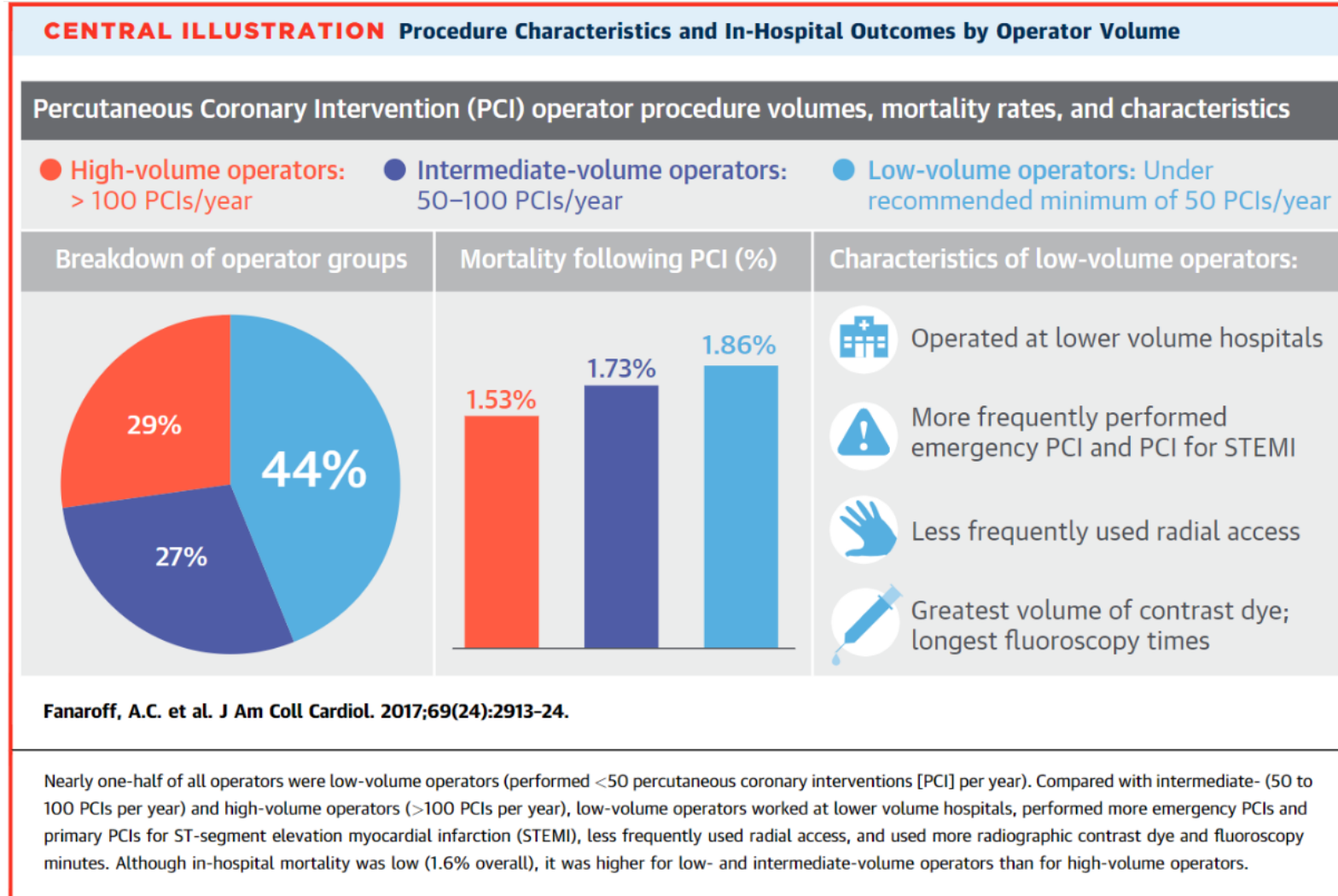
# Komplikationen nach PCI

## Determinanten



# Komplikationen nach PCI

## Zusammenhang Erfahrung und Mortalität



# Komplikationen nach PCI

## Einteilung

### Non-cardiac Complications

- Contrast-induced nephropathy (3-17%, depending on underlying risk)
- Local vascular injury (hematoma, retroperitoneal hemorrhage, pseudoaneurysm, AV fistula, dissection, thrombosis and embolism, vascular closure devices) (0.2-2% for CA, 1-3% for PCI)
- Cholesterol emboli (<2%)
- Allergic and adverse reactions (local and general anesthesia, contrast media, heparin-induced thrombocytopenia) (<1%)
- Infections (<1%)
- Cerebrovascular complications (<0.1%)

### Cardiac Complications

- Conduction disturbances (bradyarrhythmia, tachyarrhythmia)
- Myocardial infarction (<1% for CA, 5-30% for PCI)
- Death (<0.1%)
- Dissection and perforation of great vessels (<0.1%)

### Lesion Complications

- Instant restenosis
- Stent thrombosis
- Vessel perforation



# Komplikationen nach PCI

## Häufigkeit (CathPCI Registry 2010-2011)

### Procedure-related complications in patients without STEMI

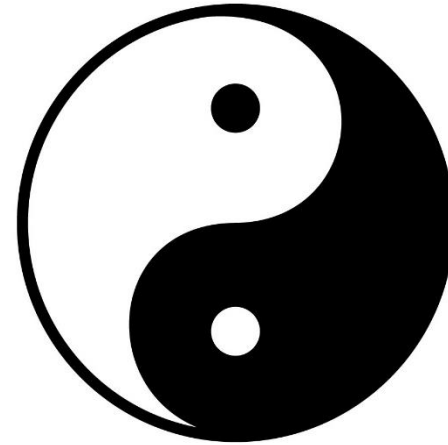
Complications (%)	PCI Patients Without STEMI (n = 787,980)	Diagnostic Catheterization Only Patients Without STEMI (n = 1,091,557)
Any adverse event	4.53	1.35
Cardiogenic shock	0.47	0.24
Heart failure	0.59	0.38
Pericardial tamponade	0.07	0.03
CVA/stroke	0.17	0.17
% of total strokes that were hemorrhagic	15.6	9.16
New requirement for dialysis	0.19	0.14
In-hospital mortality		
Non-risk-adjusted	0.65	0.72
Non-risk-adjusted excluding CABG patients	0.62	0.60
CABG performed during admission	0.81	7.47
CABG status		
Salvage/emergency	0.01/0.17	0.01/0.27
Urgent/elective	0.47/0.16	5.27/1.92
CABG indication		
PCI failure without clinical deterioration	0.26	
PCI complication	0.14	
Bleeding complications (%)		
Any bleeding event within 72 h of procedure	1.40	0.49
Any other vascular complication requiring treatment	0.44	0.15
RBC/whole-blood transfusion	2.07	N/R

### Patients with STEMI

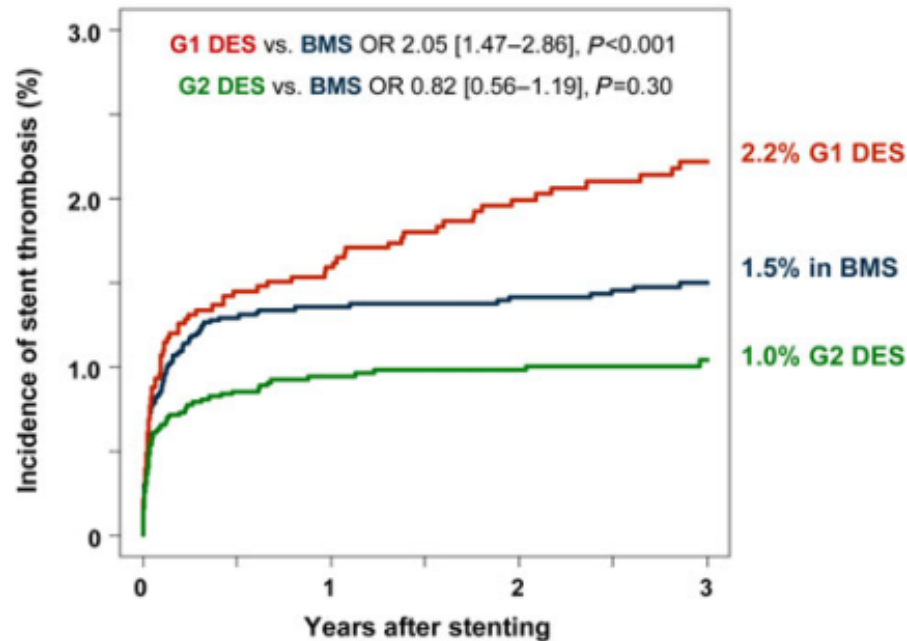
	Incidence (%)
PCI complications during admission: STEMI patients (n = 153,268)	
Any adverse event	12.4
Cardiogenic shock	3.87
Heart failure	3.46
Pericardial tamponade	0.15
CVA/stroke	0.56
% of total strokes that are hemorrhagic	19.7
New requirement for dialysis	0.63
CABG performed during admission	
CABG status	
Salvage/emergency	0.05/0.87
Urgent/elective	2.08/0.43
CABG indication	
PCI failure without clinical deterioration	0.58
PCI complication	0.22
Bleeding complications	
Any bleeding event within 72 h of procedure	3.85
Any other vascular complication requiring treatment	0.62
RBC/whole-blood transfusion	5.61

# Lokale Komplikationen

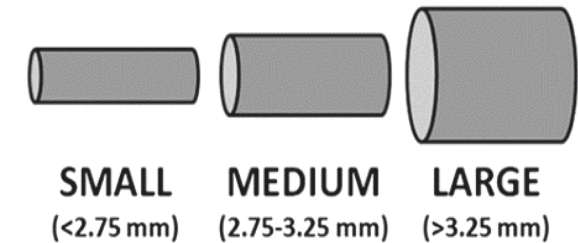
## Stents: Thrombose und Restenose



### Stent Thrombosis



### In-stent-Restenosis

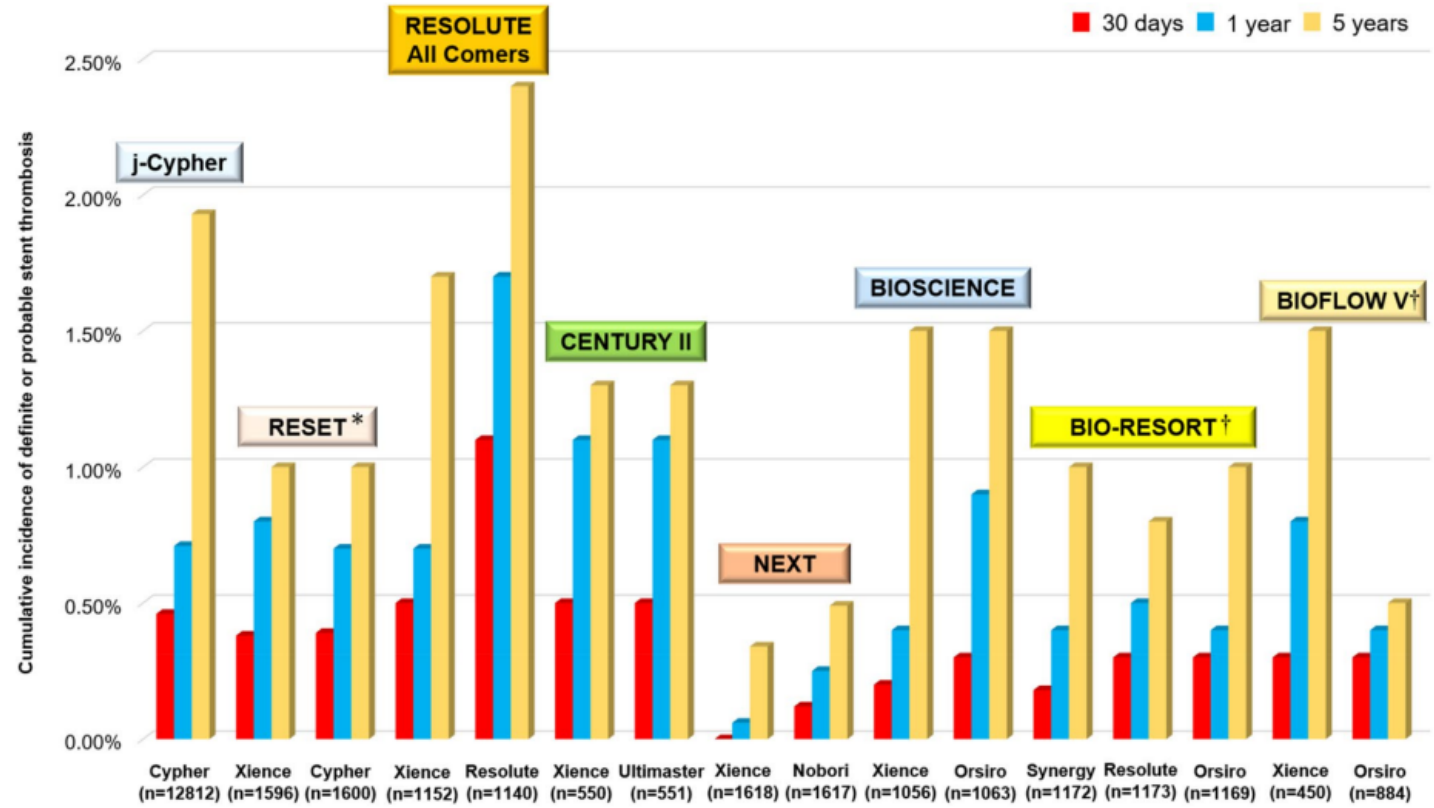
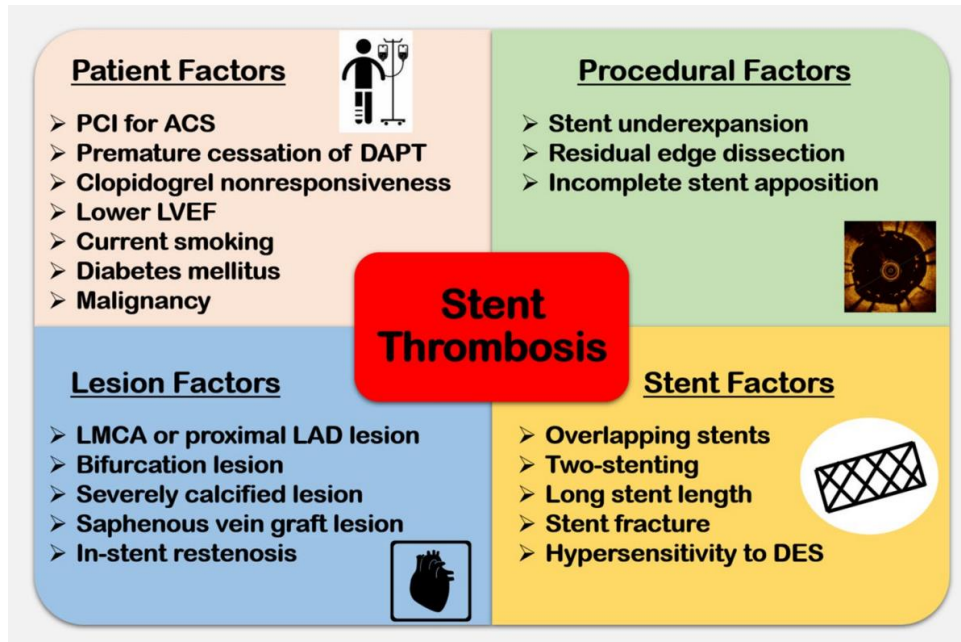


	SMALL (<2.75 mm)	MEDIUM (2.75-3.25 mm)	LARGE (>3.25 mm)
Balloon-only PTCA	35-55%	25-40%	20-35%
Bare-metal stents	25-50%	15-35%	15-20%
Drug-eluting stents with			
relatively high late loss (eg Endeavor™)	30-35%	20-30%	5-12.5%
medium late loss (eg Taxus™)	20-25%	10-20%	2.5-7.5%
low late loss (eg Cypher™ or Xience™)	10-15%	5-10%	0-5%

# Lokale Komplikationen

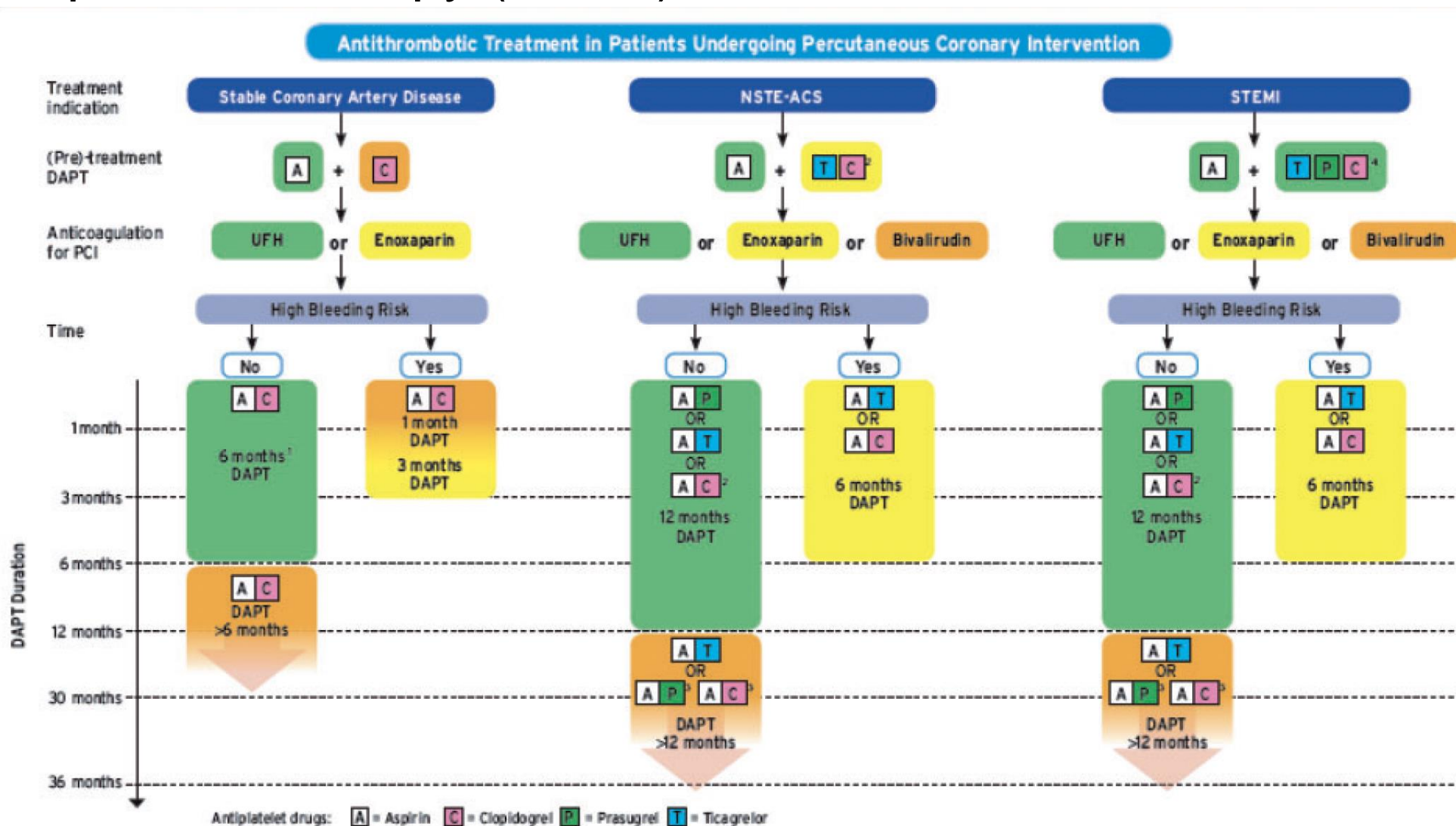
## Stent-Thrombose

- Häufigkeit 0.2-0.7%% nach PCI, seltener nach elektiver PCI
- Letalität 15-30%



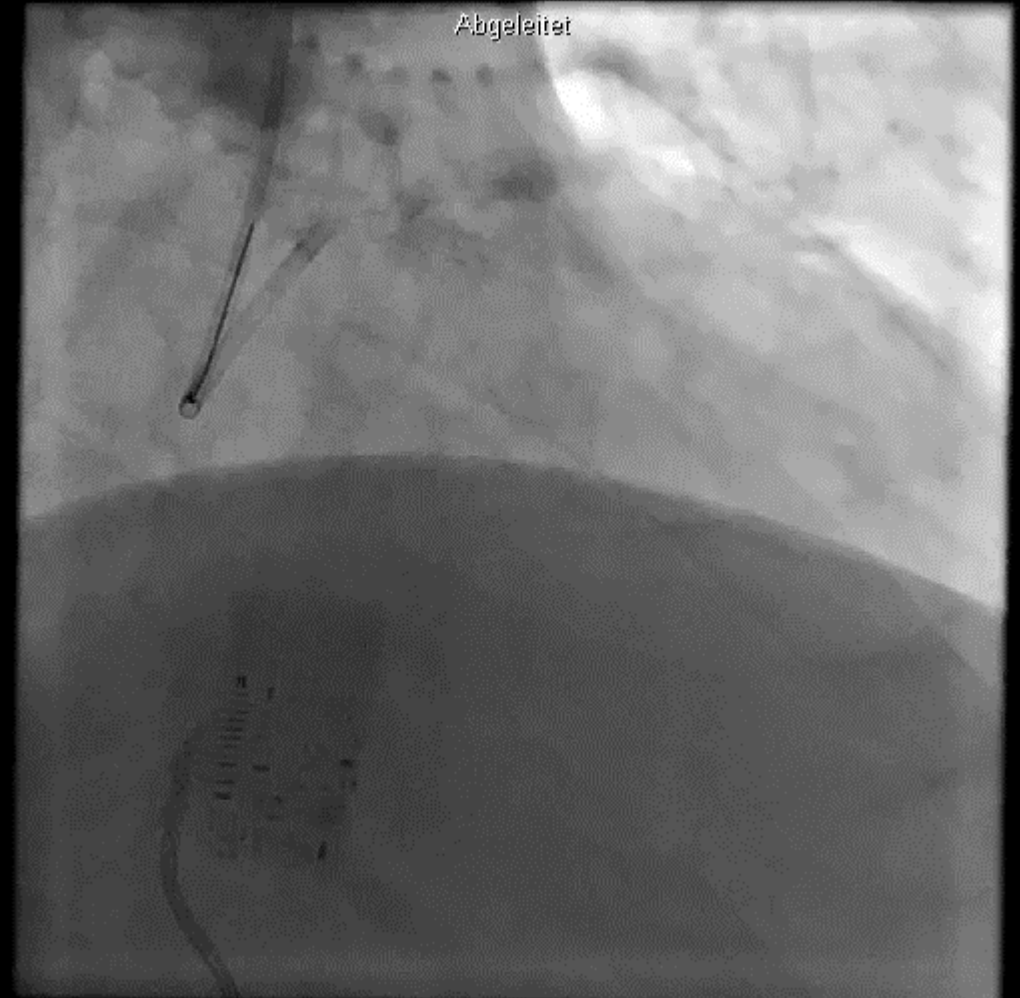
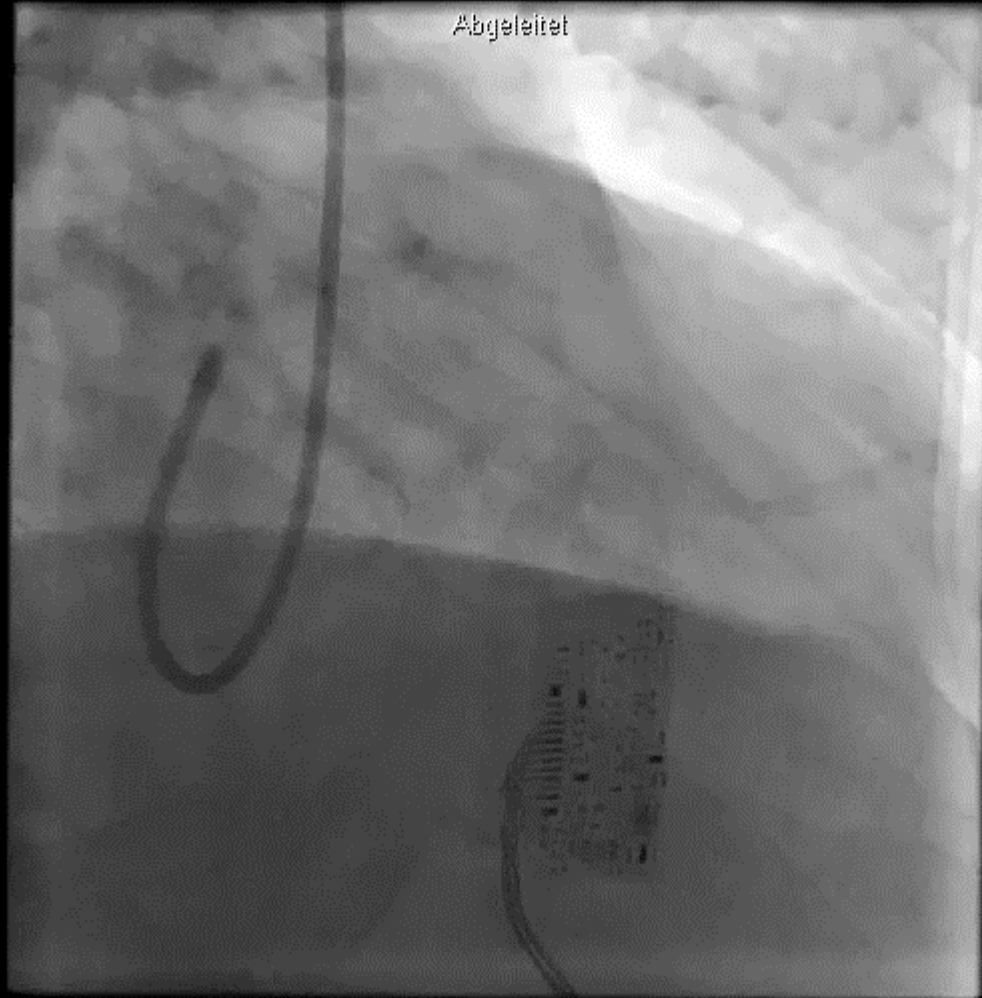
# Lokale Komplikationen

## Dual antiplatelet Therapy (DAPT)



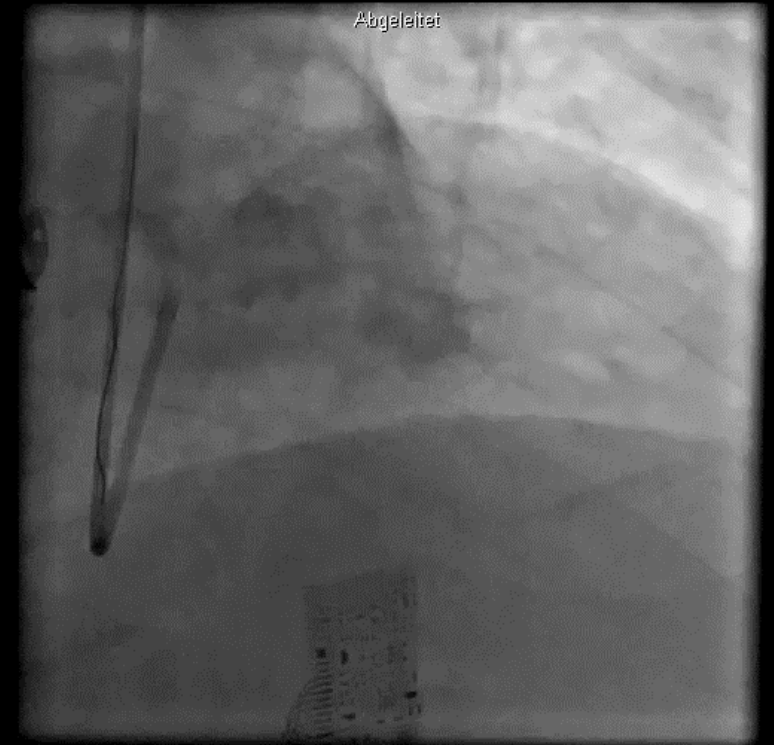


**Perkutane Koronarintervention: 54-jähriger Mann**  
Out-of Hospital Reanimation, anteriorer STEMI



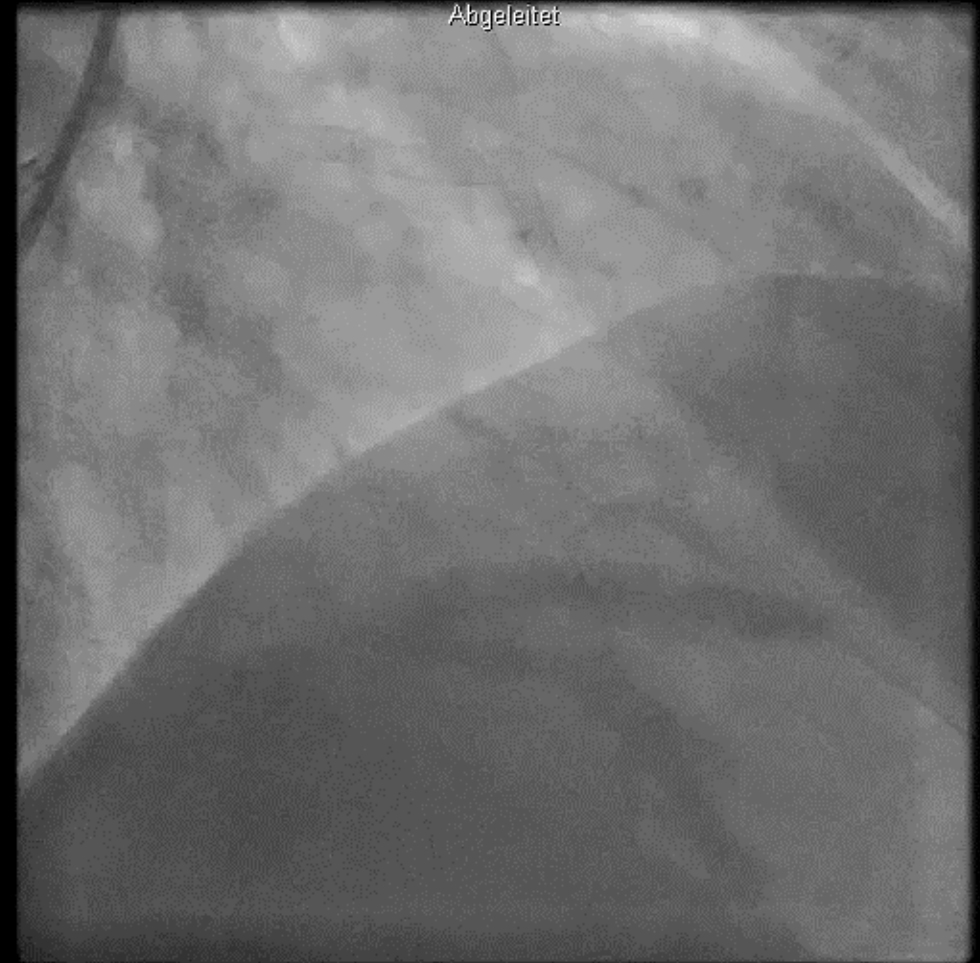
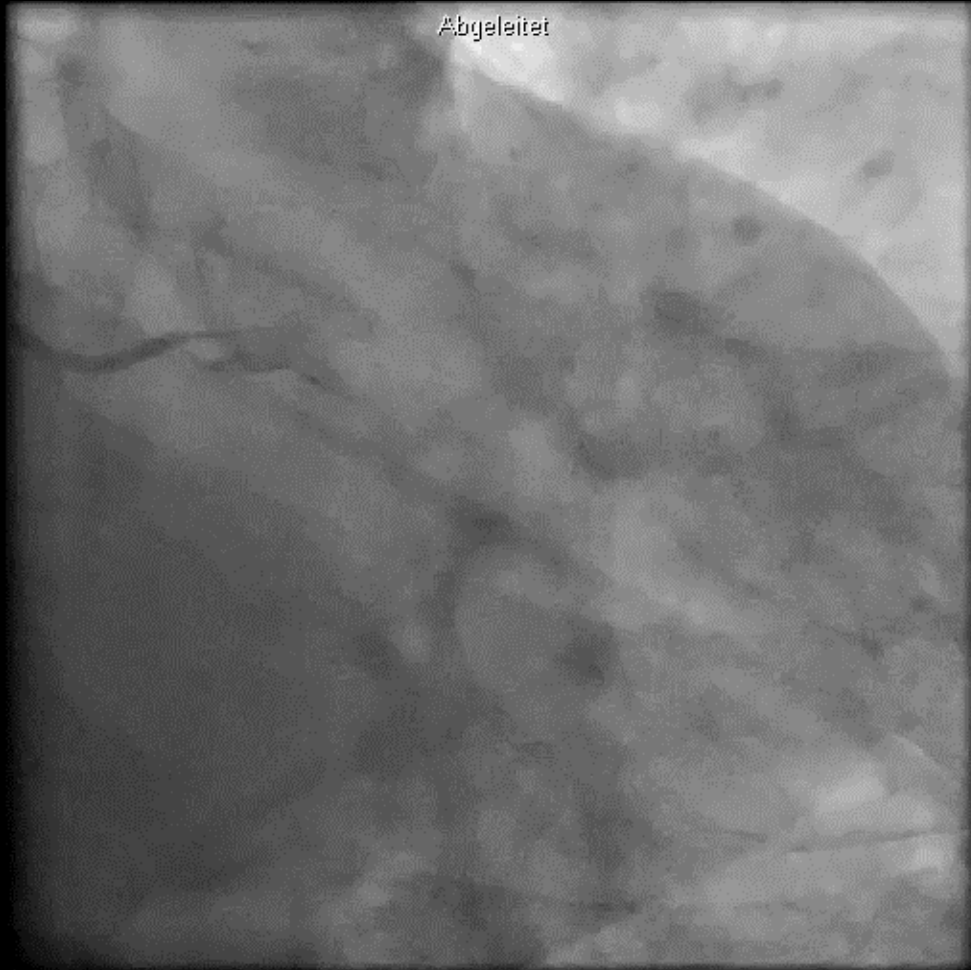
# Akute Stentthrombose (DAPT)

Akute hämodynamische Instabilität unmittelbar nach PCI



# Perkutane Koronarintervention: 66-jähriger Mann

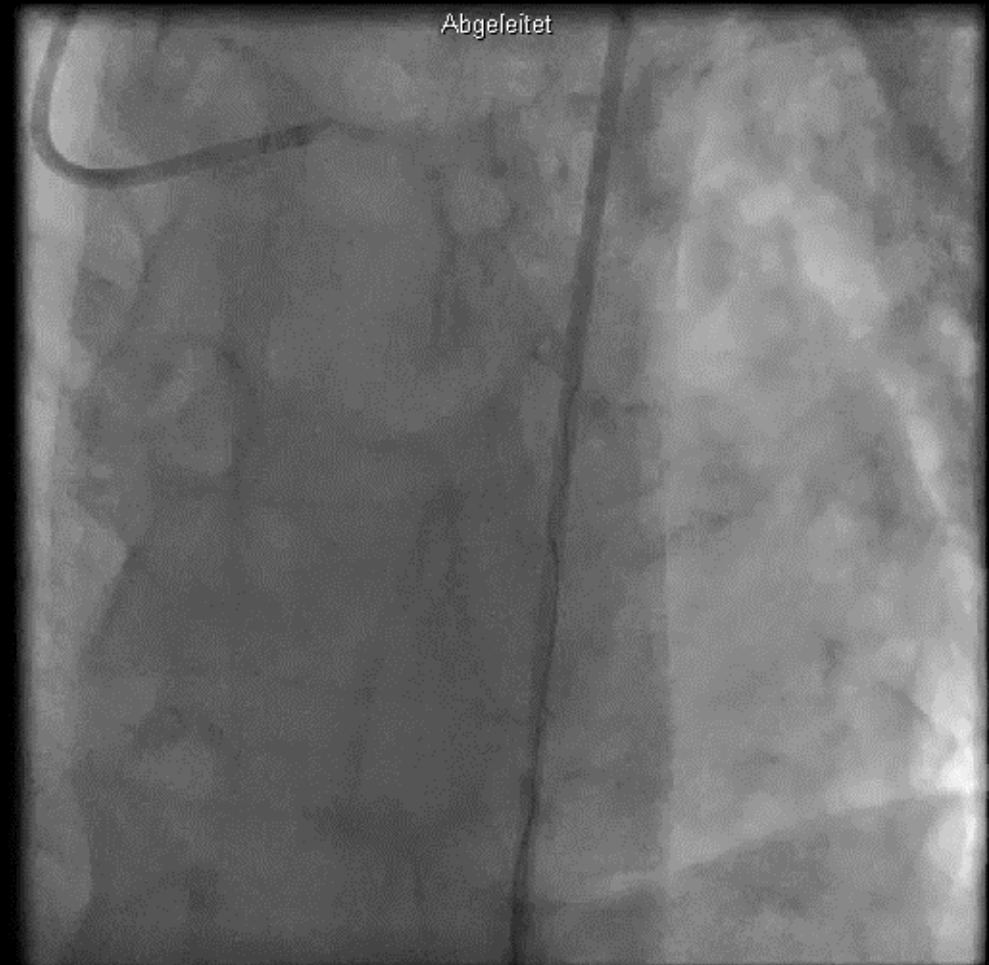
Vorderwandischämie, elektive PCI RIVA/erster Diagonalast





# Akute Stentthrombose (Stentexpansion)

## Plötzlicher Schmerz und ST-Hebung

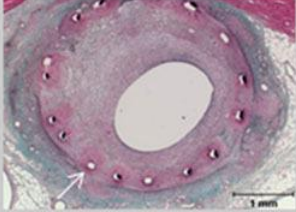
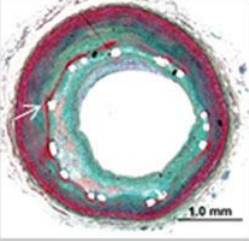
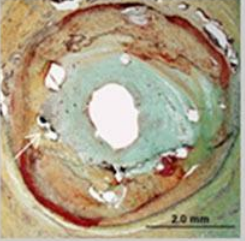
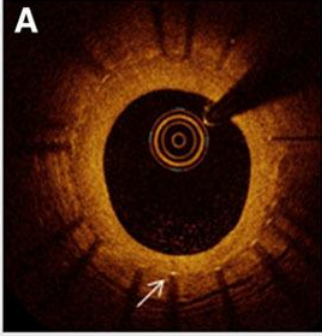
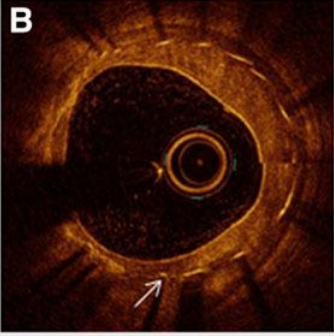
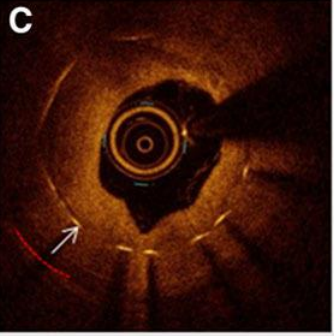




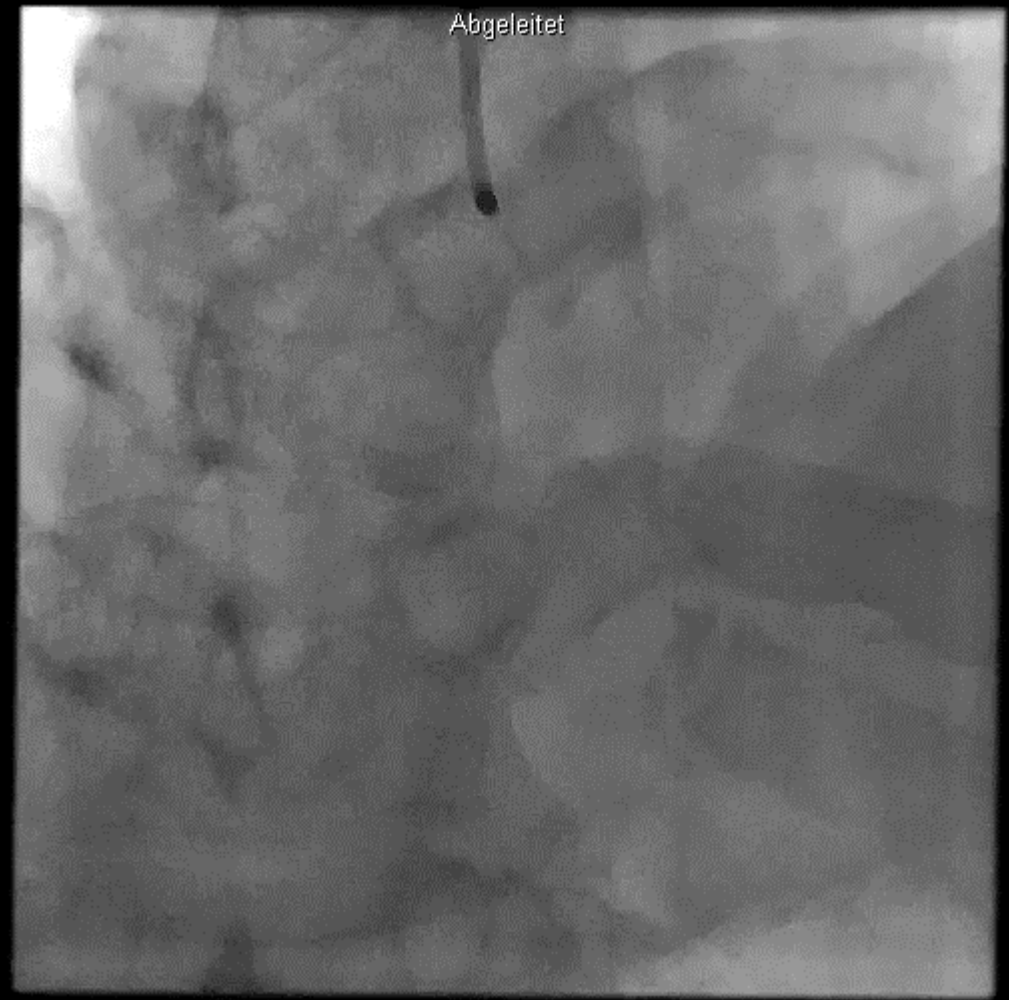
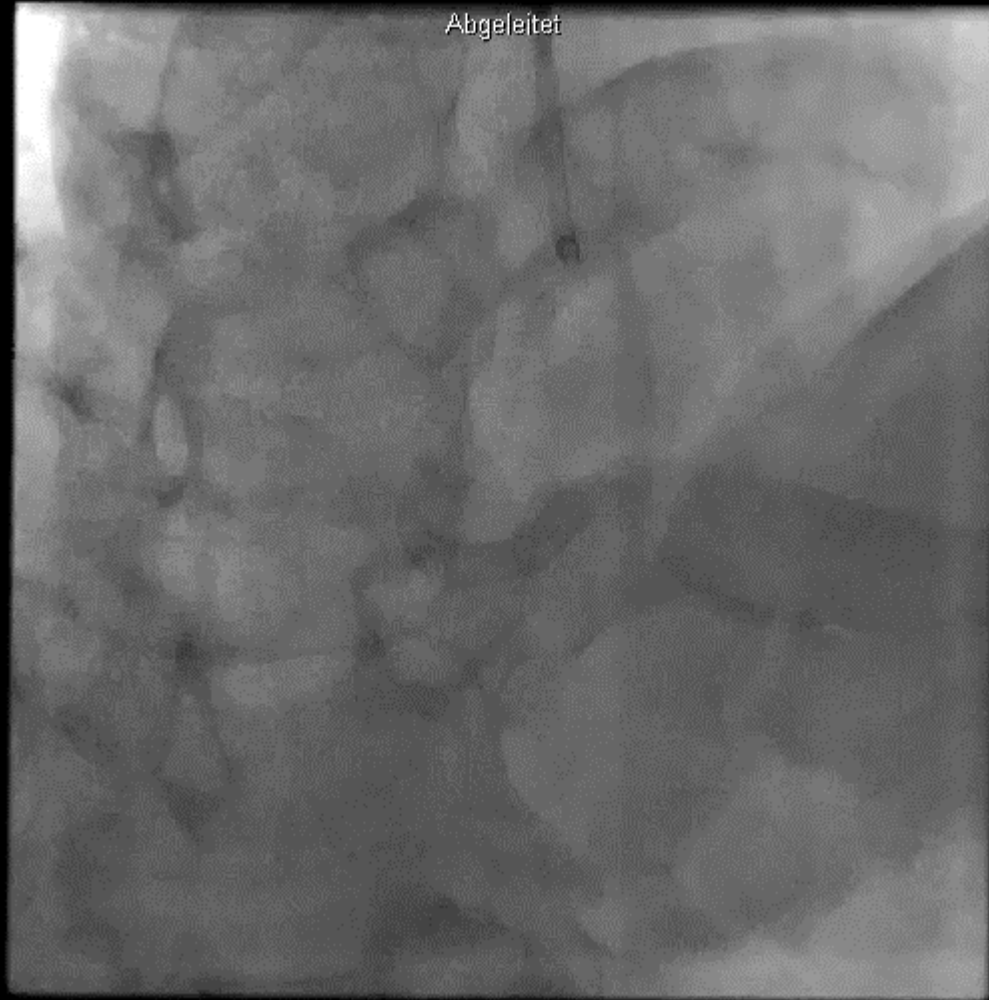
# Lokale Komplikationen

## Instant-Restenose bei DES

- Häufigkeit 2-10% nach PCI, seltener bei DES als bei BMS
- Erhöhte Morbidität (5-10% Myokardinfarkte)

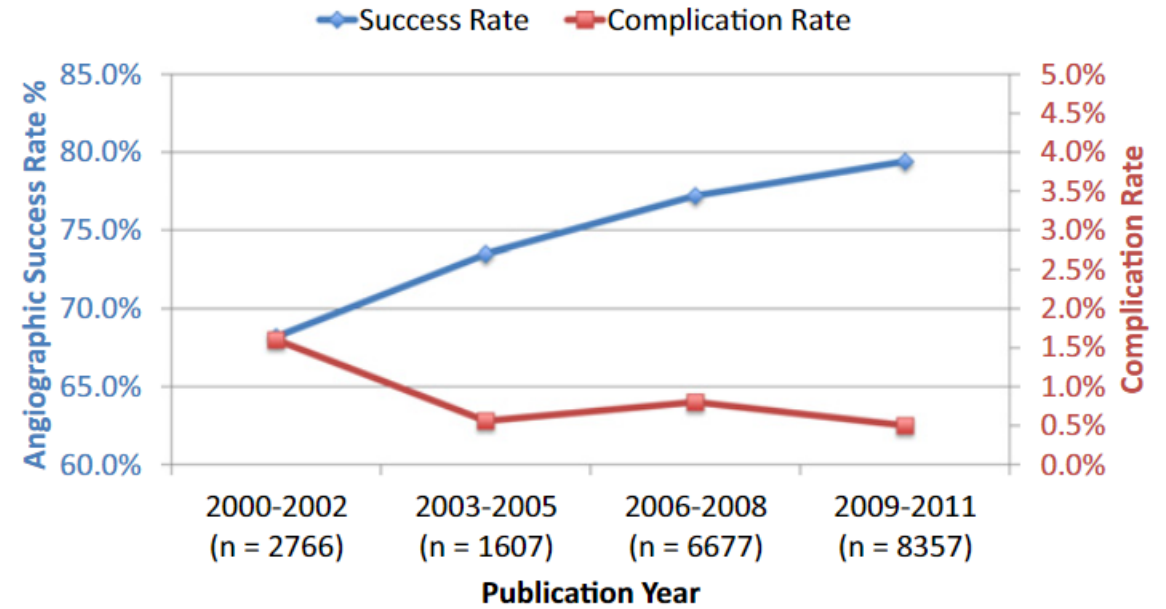
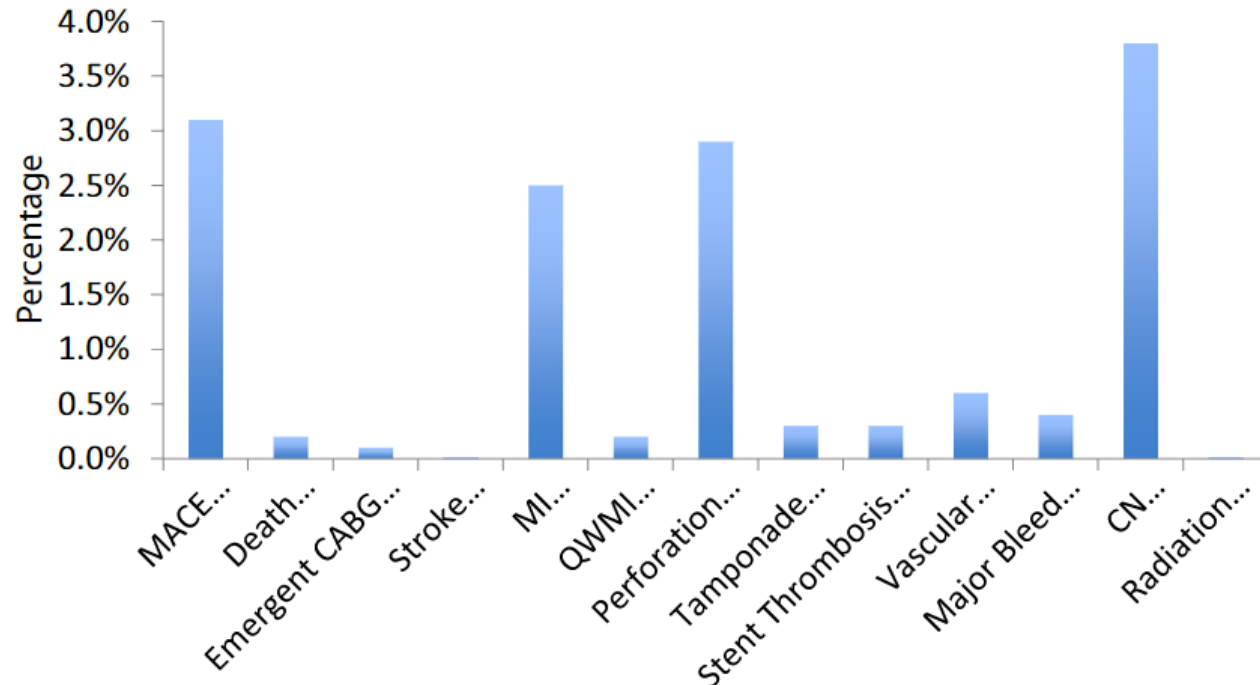
	Neointimal hyperplasia	Neoatherosclerosis	Stent underexpansion
Histopathology			
Representative OCT cross-section			
Characteristic features	Homogenous, bright, uniform layer	Heterogenous composition with in-stent necrotic core with thin fibrous cap, lipid or calcification and foamy macrophage accumulation	Stent area significantly smaller than vessel area

**Instant-Restenose: 61-jähriger Mann**  
Diabetes und chronische Angina Pectoris



# Lokale Komplikationen

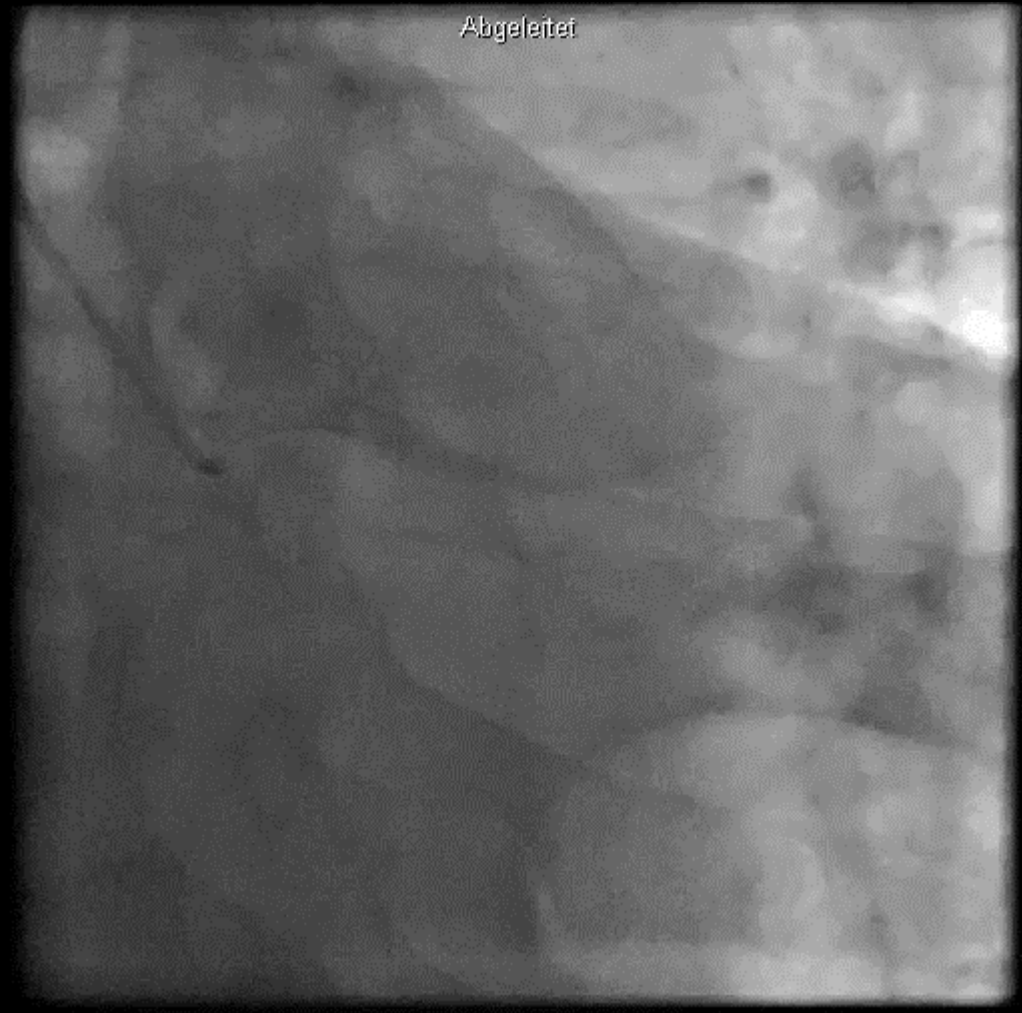
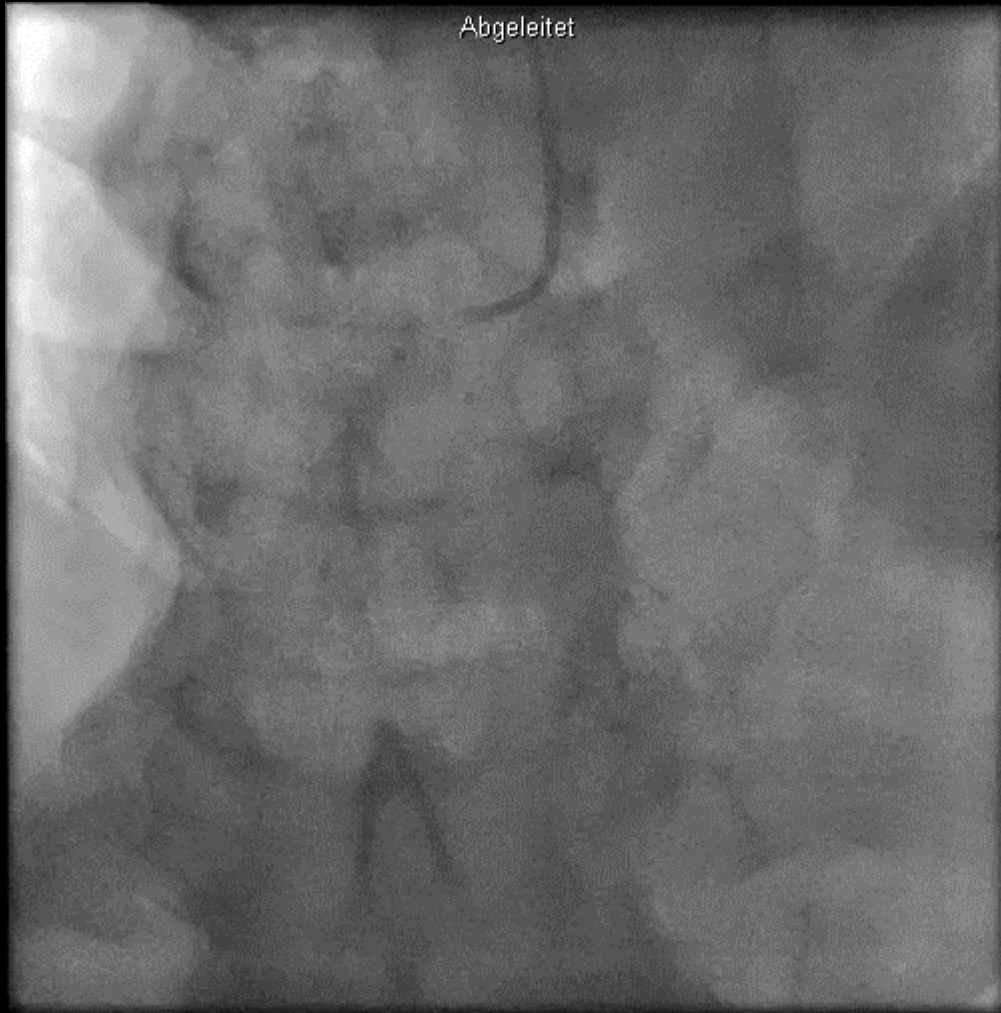
## CTO und Komplikationen



CABG=coronary artery bypass graft; CN=contrast nephropathy;MACE=major adverse cardiac events;  
MI=myocardial infarction; QWMI=Q-wave myocardial infarction

# Koronarangiographie: 66-jähriger Mann

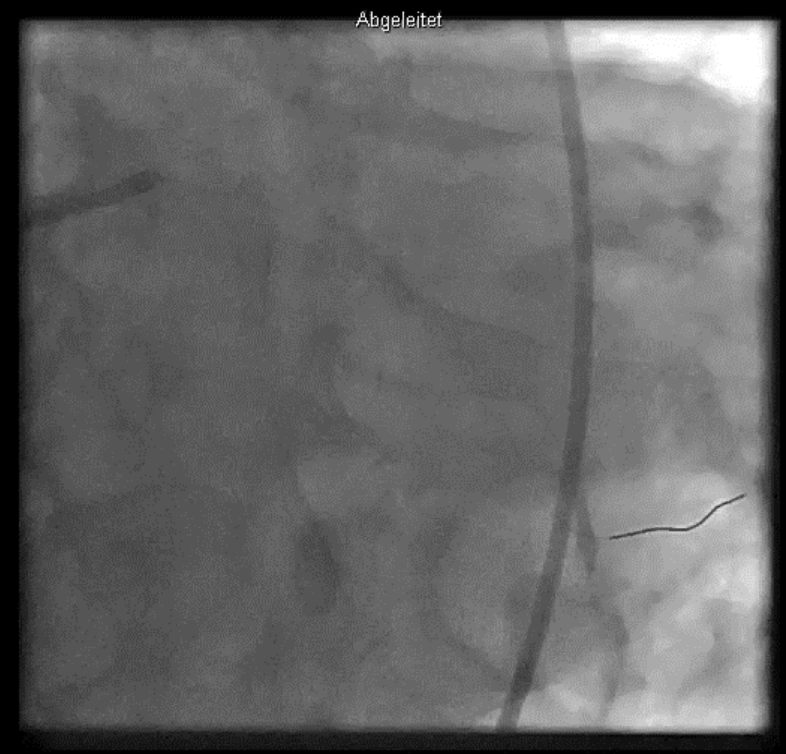
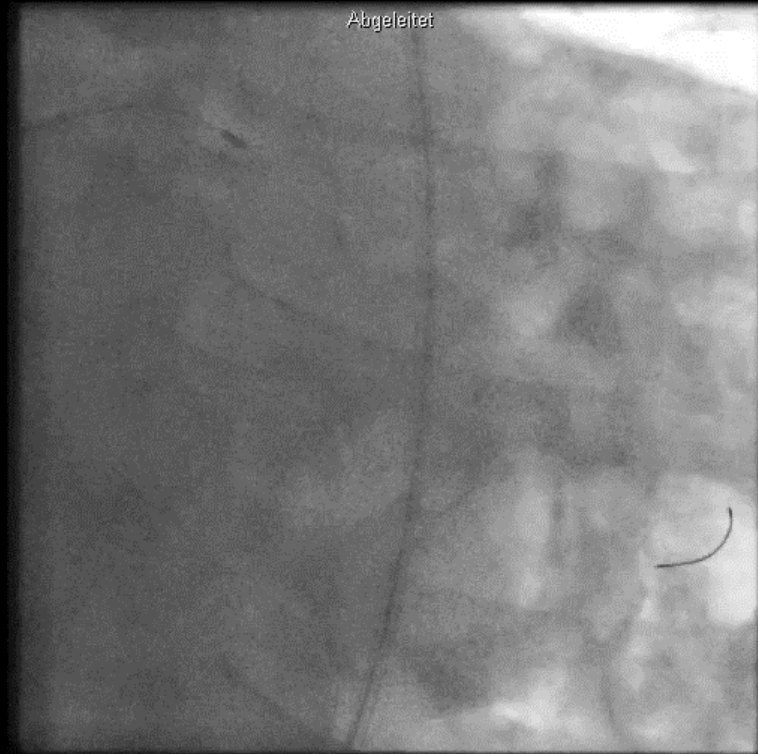
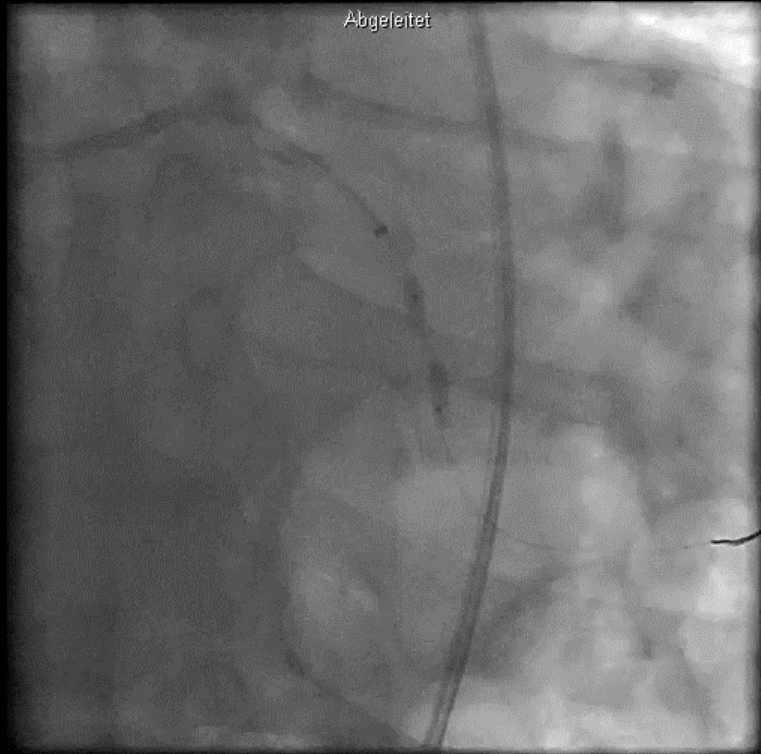
Unklarer Thoraxschmerz und pathologisches Stress-MRI





# Perkutane Koronarintervention

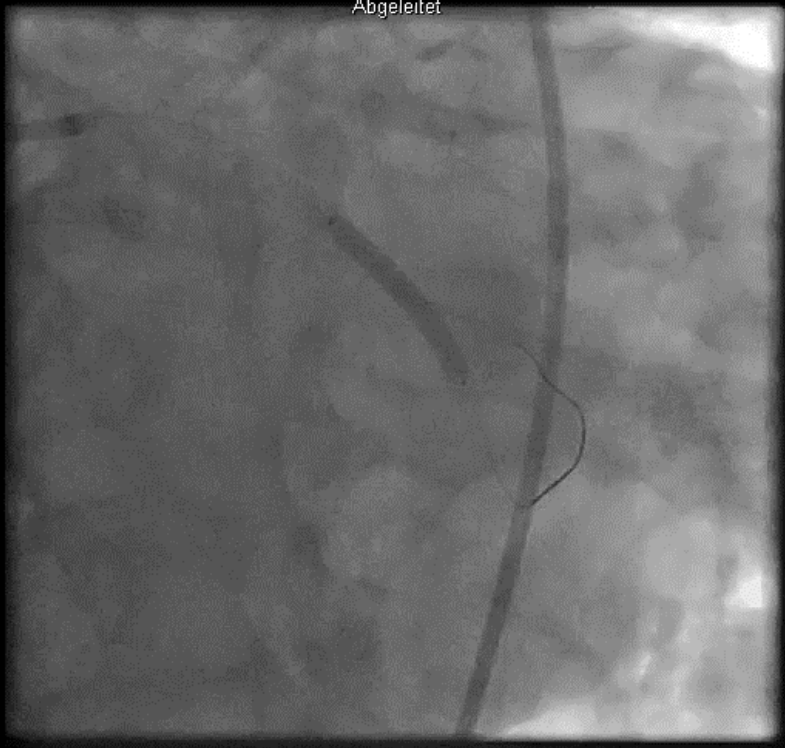
Stark verkalktes Gefäß, Rotablation



# Gefäßperforation

## Covered Stent (B-Graft) und Perikardiozentese

Abgeleitet



Abgeleitet

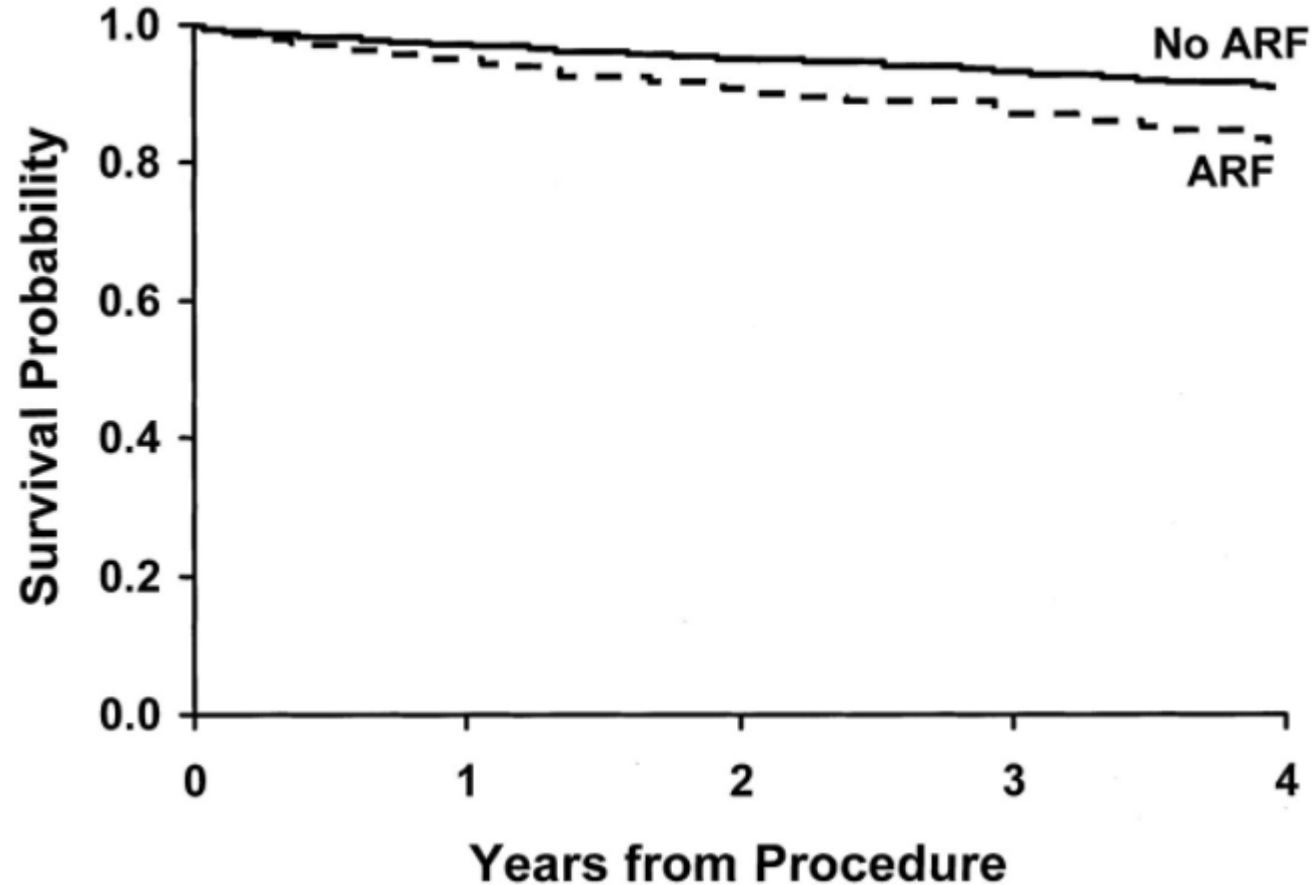


Abgeleitet



# Nicht-kardiale Komplikationen

## Kontrastmittel-induzierte Nephropathie



### Mayo Clinic Registry

PCI patients (n=7,586)

ARF = increase in serum creatinine [Cr] >0.5 mg/dL (44  $\mu$ mol/L) from baseline

- Incidence of ARF 3.3%
- Risk factors for ARF: Diabetes or elevated creatinine
- ARF highly associated with death

- **Definition:** impairment of renal function following intravenous contrast administration within 48-72 hours
  - 25% rise in serum creatinine from baseline
  - Increase of 0.5 mg/dL (44  $\mu$ mol/L) in absolute serum creatinine value
- **Etiology:** pre-existing kidney disease and...
  - ...a direct cytotoxic effect on the proximal tubules of the kidney
  - ...enhanced cellular damage via reactive oxygen species
  - ...increased resistance to blood flow in the kidney
  - ...exacerbation of renal vasoconstriction, particularly in the medulla
- **Prevention/treatment**
  - Use of low osmolar contrast media
  - Metformin should be withheld for 48 hours and restarted if the renal function is normal
  - Periprocedural hydration by intravenous (IV) fluid with 0.9% normal saline infusion at a rate of 1 ml/kg/hr for 6 to 12 hours before the procedure and continuing after the procedure
  - No effect of bicarbonate nor acetylcysteine

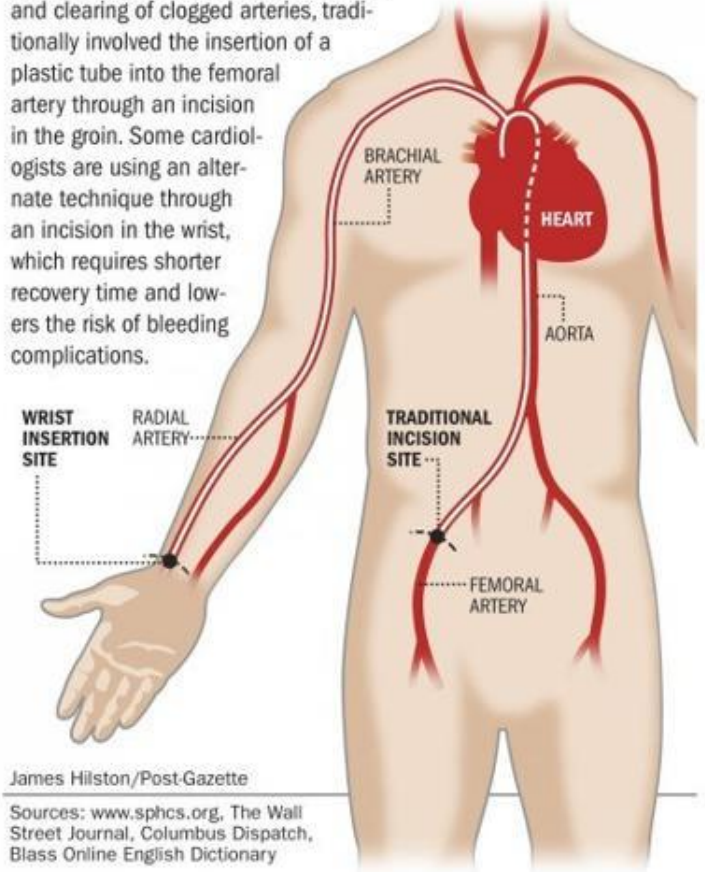


# Nicht-kardiale Komplikationen

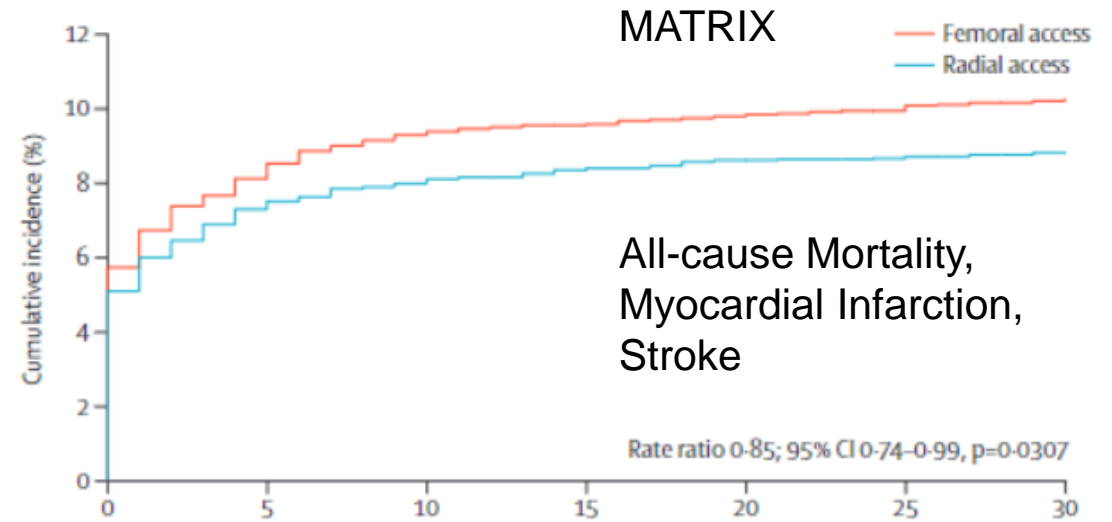
## Vaskulärer Zugang: Radial vs. femoral

### Alternate catheter route

**Cardiac catheterization**, the detection and clearing of clogged arteries, traditionally involved the insertion of a plastic tube into the femoral artery through an incision in the groin. Some cardiologists are using an alternate technique through an incision in the wrist, which requires shorter recovery time and lowers the risk of bleeding complications.

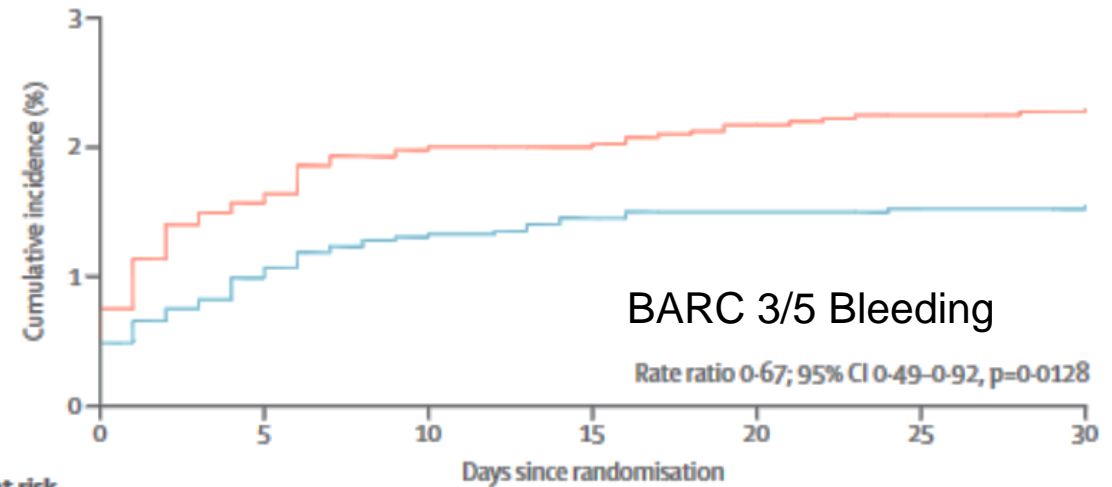


James Hilston/Post-Gazette  
Sources: www.sphcs.org, The Wall Street Journal, Columbus Dispatch, Blass Online English Dictionary



**Number at risk**

Femoral access	4207	3854	3803	3792	3782	3776	3765
Radial access	4197	3883	3849	3834	3823	3821	3813



**Number at risk**

Femoral access	4207	4087	4051	4046	4034	4031	4025
Radial access	4197	4124	4095	4080	4074	4071	4065

## Fourth Universal Definition of Myocardial Infarction

### Universal definitions of myocardial injury and myocardial infarction

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#### Criteria for myocardial injury

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The term myocardial injury should be used when there is evidence of elevated cardiac troponin values (cTn) with at least one value above the 99th percentile upper reference limit (URL). The myocardial injury is considered acute if there is a rise and/or fall of cTn values.

#### Criteria for acute myocardial infarction (types 1, 2 and 3 MI)

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The term acute myocardial infarction should be used when there is acute myocardial injury with clinical evidence of acute myocardial ischaemia and with detection of a rise and/or fall of cTn values with at least one value above the 99th percentile URL and at least one of the following:

- Symptoms of myocardial ischaemia;
- New ischaemic ECG changes;
- Development of pathological Q waves;
- Imaging evidence of new loss of viable myocardium or new regional wall motion abnormality in a pattern consistent with an ischaemic aetiology;
- Identification of a coronary thrombus by angiography or autopsy (not for type 2 or 3 MIs).

Post-mortem demonstration of acute athero-thrombosis in the artery supplying the infarcted myocardium meets criteria for *type 1 MI*.

Evidence of an imbalance between myocardial oxygen supply and demand unrelated to acute athero-thrombosis meets criteria for *type 2 MI*.

Cardiac death in patients with symptoms suggestive of myocardial ischaemia and presumed new ischaemic ECG changes before cTn values become available or abnormal meets criteria for *type 3 MI*.

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#### Criteria for coronary procedure-related myocardial infarction (types 4 and 5 MI)

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Percutaneous coronary intervention (PCI) related MI is termed *type 4a MI*.

Coronary artery bypass grafting (CABG) related MI is termed *type 5 MI*.

Coronary procedure-related MI  $\leq 48$  hours after the index procedure is arbitrarily defined by an elevation of cTn values  $>5$  times for *type 4a MI* and  $>10$  times for *type 5 MI* of the 99th percentile URL in patients with normal baseline values. Patients with elevated pre-procedural cTn values, in whom the pre-procedural cTn level are stable ( $\leq 20\%$  variation) or falling, must meet the criteria for a  $>5$  or  $>10$  fold increase and manifest a change from the baseline value of  $>20\%$ . In addition with at least one of the following:

- New ischaemic ECG changes (this criterion is related to *type 4a MI* only);
- Development of new pathological Q waves;
- Imaging evidence of loss of viable myocardium that is presumed to be new and in a pattern consistent with an ischaemic aetiology;
- Angiographic findings consistent with a procedural flow-limiting complication such as coronary dissection, occlusion of a major epicardial artery or graft, side-branch occlusion-thrombus, disruption of collateral flow or distal embolization.

Isolated development of new pathological Q waves meets the *type 4a MI* or *type 5 MI* criteria with either revascularization procedure if cTn values are elevated and rising but less than the pre-specified thresholds for PCI and CABG.

Other types of 4 MI include *type 4b MI* stent thrombosis and *type 4c MI* restenosis that both meet *type 1 MI* criteria.

Post-mortem demonstration of a procedure-related thrombus meets the *type 4a MI* criteria or *type 4b MI* criteria if associated with a stent.

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# Komplikationen nach PCI

## Chirurgischer Backup?

*C-Port Registry (n=18,867)*

Outcome	No On-Site Cardiac Surgery	On-Site Cardiac Surgery	Difference in Rate (Asymptotic One-Sided 95% CI)	P Value	
	<i>no./total no. (%)</i>			<i>percentage points</i>	
				Noninferiority	Superiority
<b>Primary end point (intention-to-treat population)</b>					
Death at 6 wk	132/14,149 (0.9)	46/4718 (1.0)	-0.04 (-0.31 to 0.23)	0.004	
<b>9-mo outcomes</b>					
Death	454/14,149 (3.2)	150/4718 (3.2)			
TVR	915/14,149 (6.5)	255/4718 (5.4)		0.01	
Q-wave myocardial infarction	434/14,149 (3.1)	144/4718 (3.1)			
Major adverse cardiac event	1716/14,149 (12.1)	529/4718 (11.2)	0.92 (0.04 to 1.80)	0.05	

## Take-home Messages

- Koronarangiographie und perkutane Koronarintervention sind sehr häufige kardiologische Untersuchungen und werden in der Schweiz in zunehmender Frequenz durchgeführt
- Koronarangiographie und perkutane Koronarintervention sind ausgereifte und sichere Eingriffe mit tiefen Komplikationsraten
- Eine gute Indikationsstellung zur invasiven Abklärung und Therapie ist zentral
- Zu den Komplikationen gehören lokale Komplikationen am Koronargefäss sowie kardiale und nicht-kardiale Komplikationen
- Zur Verhinderung von Komplikationen wichtig sind ein erfahrenes Team, das richtige Material, die richtige Technik und eine gute Antikoagulation
- Bei Auftreten von Komplikationen ist die rasche Reaktion eines erfahrenen Teams essentiell, wobei ein (herz-)chirurgischer Backup nicht notwendig ist



Vielen Dank für Ihre Aufmerksamkeit!

[raban.jeger@usb.ch](mailto:raban.jeger@usb.ch)

